



**OBCHODNÁ AKADÉMIA DUŠANA METODA JANOTU ČADCA**

**„WORK EXPERIENCE AS A NEW WAY TO SUCCESSFUL CAREER AND  
SELF-KNOWLEDGE“, PROGRAM ERASMUS +**

**04. 12. 2022 – 16. 12. 2022 DUBLIN, ÍRSKO**

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I would start by arriving from the airport to the accommodation. The journey was fine, the driver even recommended a shopping center near the accommodation. When we arrived at our host family house, a nice young couple was waiting for us there. Emer and Michael were friendly, helpful, welcoming, considerate. Two papers were waiting for us in our room. One with instructions and the other were types for tours in Dublin. We communicated less than I expected, but that's understandable because they live their lives and maybe they wanted more privacy.

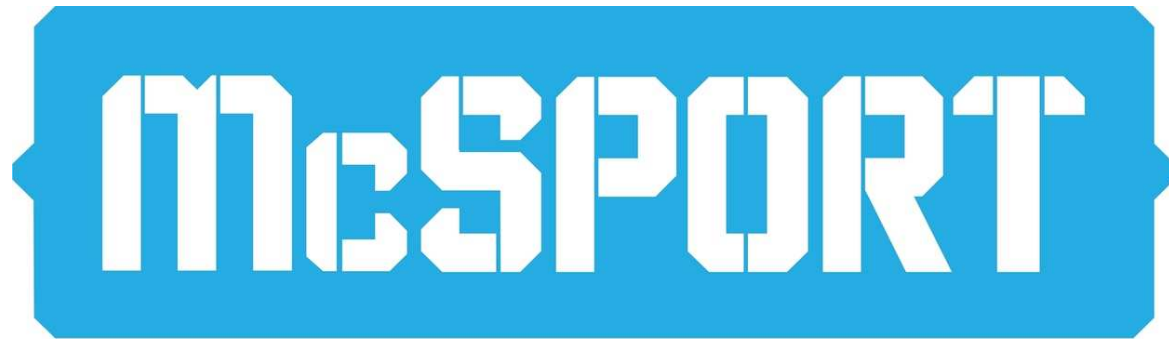


The day after we arrived in Ireland, there was an induction meeting. They gave us all the instructions, all the necessary information. I think that everything was explained clearly enough.



Travelling in Dublin was a new experience for me. The biggest problem was the cold environment in the means of transport most of the time. Also, the journey from work in the evening was long due to heavy traffic. However, the buses were clean and the people in them were polite.





The Sports & Fitness Specialists



I worked in a company called McSport. It is the largest sports equipment retailer in Ireland. McSport is Ireland's leading specialist in gym installations. McSport supplies primary and secondary schools, as well as clubs with a wide range of sports equipment.

# MY TASKS – ACTIVITIES

## FIRST DAY

- Arriving in the company first day I had training called Manual handling, then they showed me the whole building - all offices, all departments, showroom, warehouses. They introduced me to all the employees.



## OTHER DAYS

- During the other days, I did various jobs. I was on the phone with customers, learning how to allocate payments to invoices and accounts - accounting department, I described the products and their properties - economic department, I registered the invoice numbers – customer service department and other work with Excel.



**Retail  
Excellence  
Ireland**  
Awards 2022



WINNER  
**McSport**

CATEGORY  
**DIGITAL CAMPAIGN  
OF THE YEAR**

## **SUPERVISOR**

My supervisor was very nice, considerate, willing to help and explain everything. In the first days, we were not in contact with her very much because she was very busy (because she is owner of the company), so HR manager gave us work. When she got sick, we started to be in more contact with our supervisor. I really liked her, she is a positive person who always has a smile on her face.

## **SKILLS**

Skills that I improved the most was mainly communication in English especially when I met a lot of foreigners. My Excel skills have improved as well. I learned a lot of terms and technical words.



## **CONTRIBUTION FOR MY FUTURE CAREER AND STUDY**

I would like to be part of programmes like this in my future and practice more my English to be more confident in myself. This internship will definitely have a big impact when I will look for job or apply to college. And that's a big advantage. Staying in a foreign country helped me look at the world a little differently.

# DIVERSITY

- Dublin is a multicultural city that cannot be compared with any Slovak city. Dublin offered me many opportunities to try different cuisines, meet people of different nationalities.
- Unfortunately, I did not have the opportunity to try traditional Irish food, as our host family cooked modern dishes. The biggest difference is that people in Ireland focus mostly on dinner, while Slovaks focus on lunch. People in Ireland are nice, not stressed and they are relaxed.
- For me, as a student from Slovakia, it was very expensive there, but that is a question of salaries (this was often our topic of conversation – Irish salaries and Slovak salaries)






## **THE MESSAGE FOR FUTURE STUDENTS IN MOBILITY:**

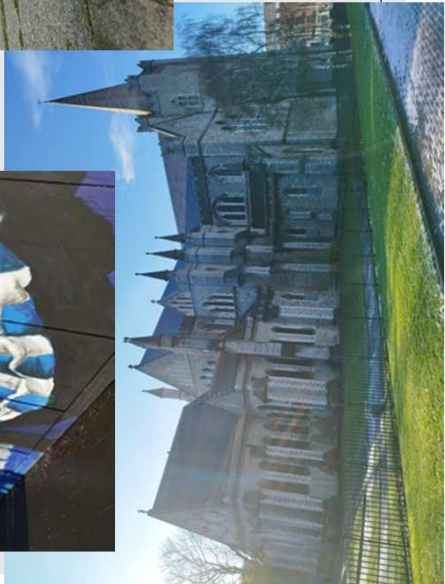
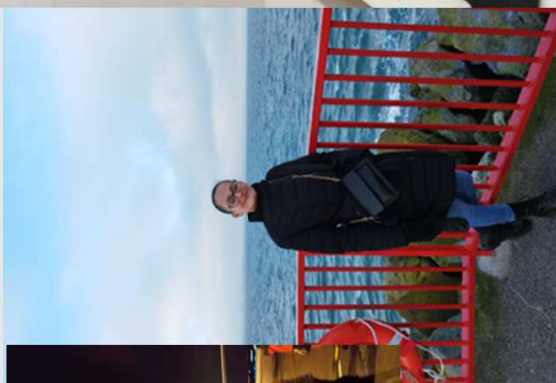
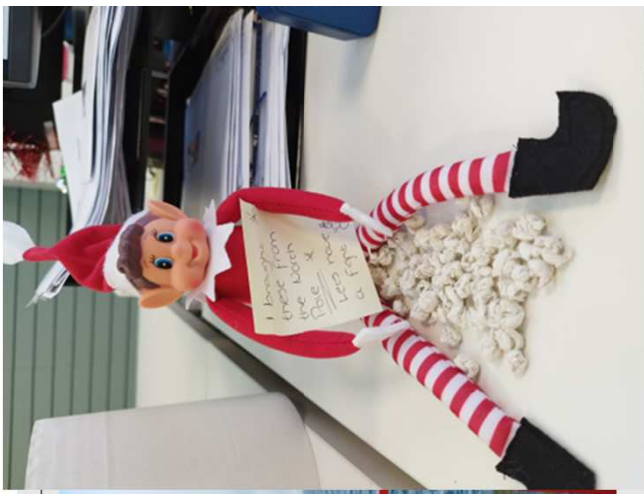
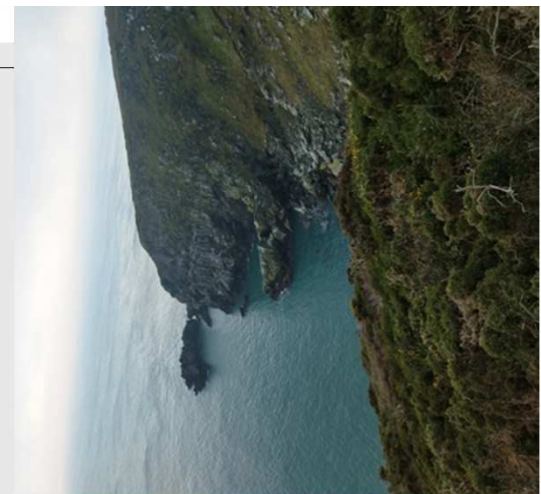
1. You don't have to be afraid to try to join this programme and improve your English and find yourself.
2. It's a huge opportunity to get to know a new culture, new people, make friends, so don't be shy and come try it.





## **WHY WOULD YOU RECCOMEND THIS WORK EXPERIENCE FOR OTHER STUDENTS?**

So that they have the opportunity to experience two weeks full of adventure, practicing English and forming new friendships like I had.



"THE FUTURE BELONGS TO  
THOSE WHO BELIEVE IN THE  
BEAUTY OF THEIR DREAMS.,,"

– Roosevelt