

Dublin, Ireland

Erasmus+ Programme

Dublin, Ireland

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Obchodná akadémia Dušana Metoda Janotu



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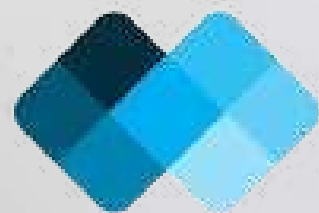
My First Day in Ireland

On my first day, I attended an induction meeting organised by ADC College, where we received useful information about our placement and stay. The communication was friendly and clear. I stayed with a welcoming host family and met many students, mainly from the Czech Republic. Travelling around Dublin was easy and the city felt lively and multicultural.



About my Company

BHC Agency is a staffing agency providing professional services in healthcare, hospitality, and cleaning. The company focuses on flexible staffing solutions, professional communication, and high-quality service for clients across Ireland.



BHC Agency

Staffing and Talent Solutions



My Work Experience

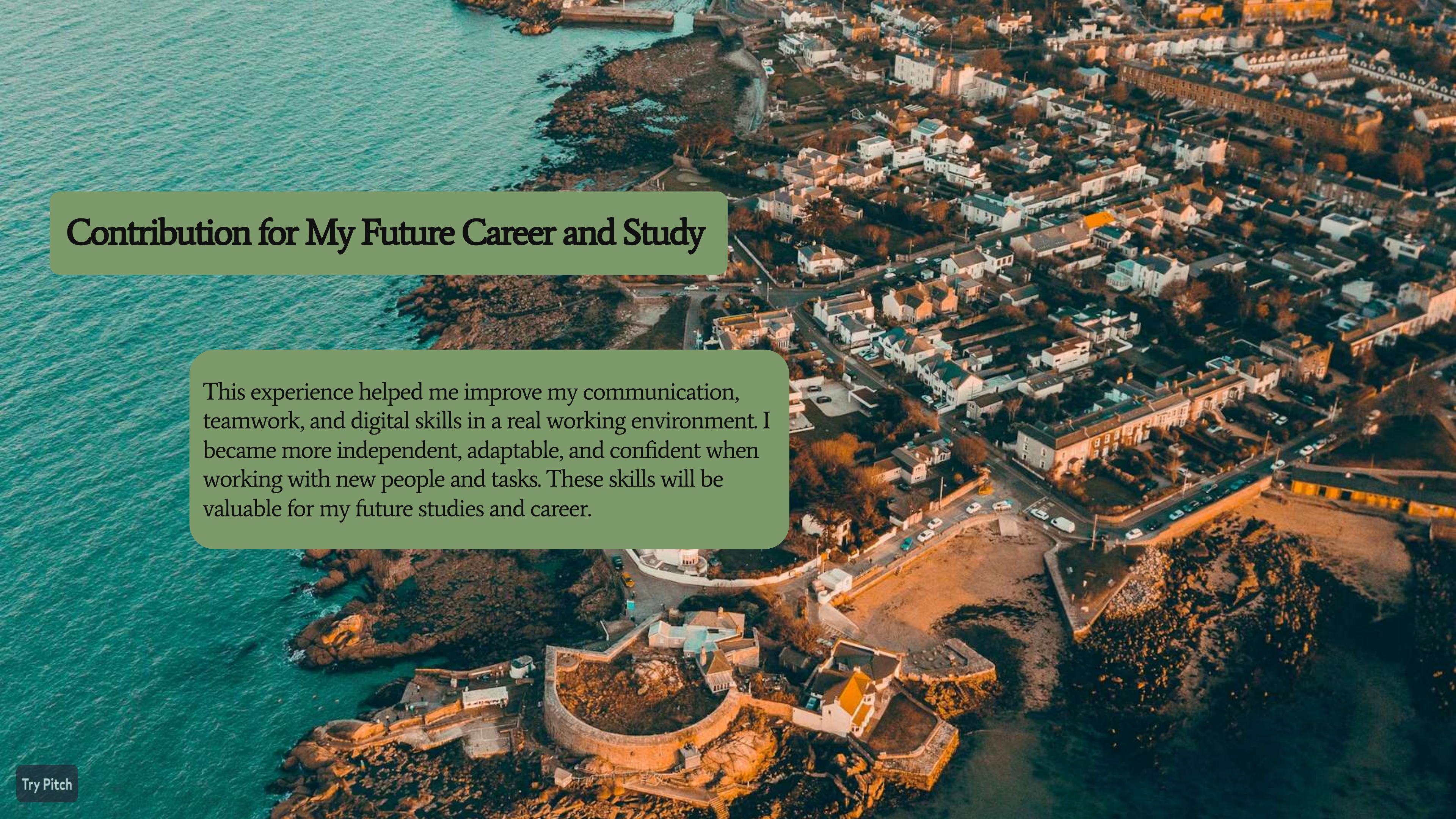
During my placement, I worked on creating and improving presentations in Canva, preparing a business letter, updating records in an HR database, and creating Excel spreadsheets with healthcare companies and job positions. I also helped organise information and improve presentation design and structure.

Supervisor & Skills

My supervisor was friendly, supportive, and easy to communicate with. We often talked not only about work, but also about life and cultural differences, which helped me improve my English and communication skills. During this experience, I developed my organisational, digital, and presentation skills and became more confident and independent.



Meet The Team

An aerial photograph of a coastal town, likely in the UK, featuring a harbor with a castle on a rocky outcrop. The town is densely packed with buildings, and the water is a deep blue-green. The image is used as a background for a presentation slide.

Contribution for My Future Career and Study

This experience helped me improve my communication, teamwork, and digital skills in a real working environment. I became more independent, adaptable, and confident when working with new people and tasks. These skills will be valuable for my future studies and career.

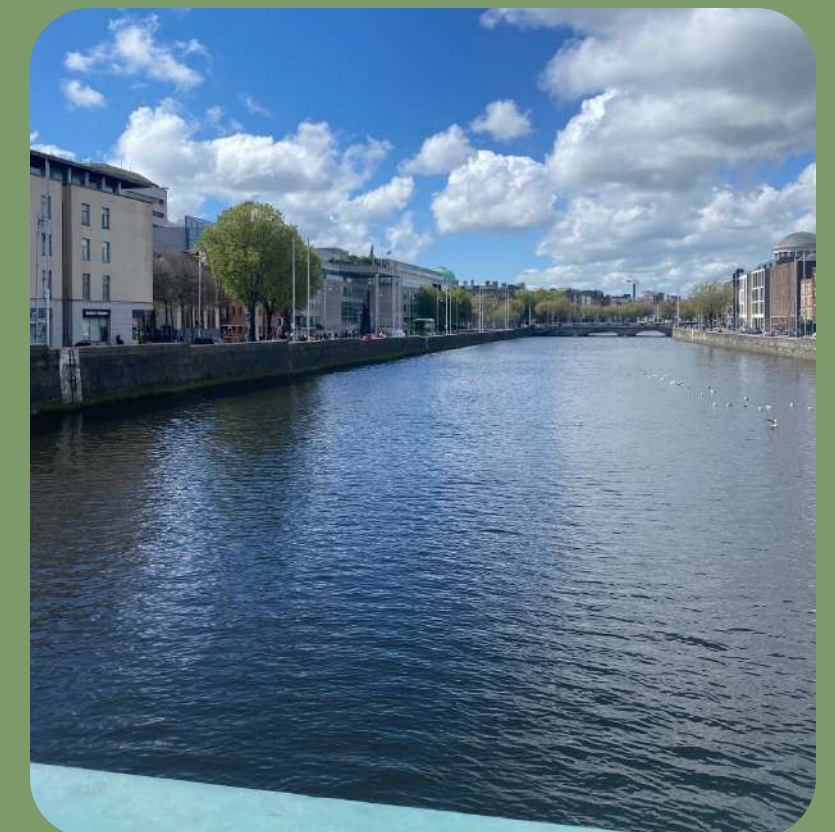
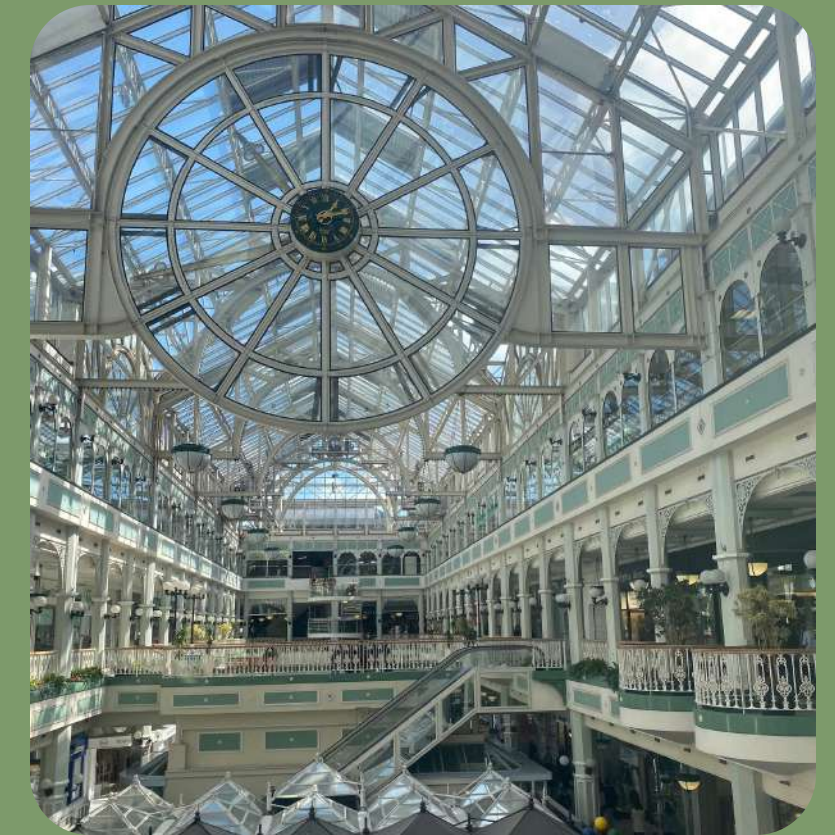
Diversity

I noticed that people in Ireland are generally more open, communicative, and relaxed. Dublin is very multicultural and full of people from different countries. I also noticed differences in lifestyle, food, and everyday communication compared to Slovakia.



Message for Future Students

Don't be afraid to step out of your comfort zone and try new experiences. Be open to meeting new people, exploring the city, and improving your communication skills. This mobility can help you grow both personally and professionally.





Why Recommend This Experience

I would recommend this experience because it helps students become more independent, improve their English, gain practical work experience, and meet people from different cultures. Every day brings new experiences and opportunities to learn.

“Growth begins outside your
comfort zone.”





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